

WHO WE ARE

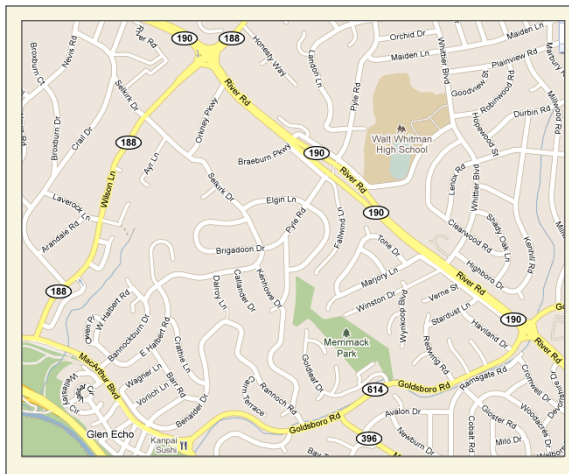
- Nan is a nonprofit (501c3) organization
- Run exclusively by volunteers within the community
- Organized and operated by, and for the benefit of, residents of Bannockburn

WHAT WE DO

NAN supports seniors who desire to maintain independent households within the community as they age.

Specifically we:

- Identify seniors who might benefit from NAN's supporting services and match them with volunteer service providers
- Host informational/ social programs open to all residents of Bannockburn
- Create opportunities for elders to actively contribute to the community.
- Establish and maintain connections with like-minded groups and resources in the region.



THE VILLAGE MOVEMENT

Nationwide, people who want to live in their own homes as they age, with resources, friends and multi-generational community connections, are establishing villages that offer neighbor to neighbor support. More information about the village movement is available online at:

www.vtvnetwork.org

NEIGHBORS ASSISTING NEIGHBORS

NAN is run by a volunteer Board supported by a network of Block Coordinators. A list of Board members and Block Captains is available online at:

www.bannockburncommunity.org.

NAN works with the Bannockburn Civic Association, Bannockburn Community Club, and Bannockburn Cooperators, Inc. See website above for more information.

NAN

NEIGHBORS ASSISTING NEIGHBORS



HELPING BANNOCKBURN AGE IN PLACE

NAN is a volunteer non-profit organization that supports the needs of Bannockburn's seniors and enhances quality of life for all Bannockburn residents. NAN coordinates activities of interest to seniors and facilitates volunteer support services to help Bannockburn residents age in place.

Neighbors Assisting Neighbors



HOW IT ALL STARTED

In 2007 Bob and Helen Pelikan, two Bannockburn seniors, found that health issues temporarily limited their ability to handle all the tasks needed to maintain their home. After benefiting from caring neighbors who provided meals, took out trash, shopped and gave moral support, they wondered if others in Bannockburn might have similar needs and welcome support in order to stay in their homes. NAN was formed and became a 501 (c)3 nonprofit organization in 2009.

Contributions to NAN are tax deductible.

ACTIVITIES AND PROGRAMS

- Senior Socials at the Clubhouse
- Home fire and life safety inspections
- Discussions and presentations on age-related and other topics, e.g. decluttering, container gardening, digital photography, memory
- Wise Elder oral history program
- Transportation for doctor visits, shopping, recreation, meetings, etc
- Social visiting
- Referrals to social service agencies
- Contractor/handyman referrals for home maintenance and repair

HOW IT WORKS

- Volunteer Block Coordinators link neighbors to neighbors
- Other volunteers organize events and programs
- Information about activities is made available on the Bannockburn Listserv and through NAN's Google newsgroup.
- There is no charge for NAN's programs and services and anyone living in Bannockburn is eligible to participate

GET INVOLVED!

- Learn about current activities by contacting your Block Coordinator www.Bannockburncommunity.org/nan
- Volunteer! Your Block Coordinator can tell you about opportunities to help. You determine your level of commitment and schedule.
- Become a block coordinator if your block doesn't yet have one. Block coordinators reach out to seniors who could benefit from NAN's programs and coordinate volunteers. For full description of the Block Captain's role and responsibilities, see the website.
- Organize an event—present on a topic which you know about, or put NAN in touch with a speaker or performer.
- Host a NAN potluck, tea or wine and cheese social, either at your home or at the clubhouse.
- Consider serving on the NAN board.
- Take the NAN survey online at: www.surveymonkey.com/s/HWHS93Y